

programa **tas**

LES LLEGUMS

Recuperem la tradició



MENCIONS ESPECIALS

Nom	MC
Col.legi	Escola El Puig (Esparreguera)
Títol recepta	Cigrons amb espinacs
Fotos o vídeo	 A photograph showing four people (three women and one man) sitting around a dining table, eating a meal. The table is covered with a white tablecloth featuring a black and white abstract pattern. There are several plates of food on the table. The setting appears to be a home dining room with a framed picture on the wall in the background.